

Support to Family Care Network

March 2007

Cariboo/ Newsletter Volume
2

Support to Family Care Network

Network Facilitator: Jackie Haverty



Message from your Support Network Coordinator:

Hello Everyone;

Spring is quickly arriving and most of us are looking forward with anticipation to the coming summer months. As spring approaches I am reminded not to lose track of the present moment and to recognize the gifts that life offers us in every moment.

Life asks us to give something back of what we have received, so that life can go on. And so that it can go on in a particular way—more than it was before. This is the gift that foster parents give to their children every moment. John F Kennedy once said, "of those to whom much is given, much is asked".

I like the idea of giving back to those who follow us—to all children. They make us look at life in a new way. By interacting with children, we can allow our own childlike sense of fun and excitement and the magic of life. That means returning to the wonder of a child. And that means bringing joy to ourselves and others by simply being the very special people we are. We are then simply showing up authentically in life, bright eyed and busy tailed and eager for life to flow through us. There is joy in spring and in remembering the opportunities that life offers us in every moment.

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Williams Lake Meetings

Williams Lake Foster Parent Meeting : Tuesday, March 20th, at 1:00 - MCFD
Partnership Meeting: Tuesday, March 20th at 1:30 - MCFD.

100 Mile House Meetings

Foster Parent Meeting: Tuesday, March 13th, at 10:30—MCFD
Partnership Meeting: Thursday, March 15th, at 1:30—MCFD

Community Liaisons

Williams Lake
Lynn Samson 398-7463
Laura Turner 296-3629

100 Mile House
Penny Bjornson 395-2162
Margie Lobsiger 395-8493

SUPPORT INFORMATION

ATTACHMENT DISORDER:

This workshop was a great success with 37 people in attendance. Tanya Helton is a knowledgeable and gifted presenter. She provided many specific interactions when working with children with Attachment difficulties.

The Child Trauma Academy seeks to help maltreated and traumatized children. The CTA offers a range of live, web-based and distance training opportunities.

The CTA provides clinical, program and research consultations. The CTA has a several sets of multimedia materials for educators, clinicians and caregivers. These training sets include video, slide and print materials.

What We Provide

You may be facing many challenges in your life. Despite the love and support of the people around you, it may not seem like they understand where you are coming from or where you want to go. As a life coach, Tanya Helton-Roberts offers you specialized support and encouragement as you envision where you want to be in the future and how to get there.

Forest Cottage Centre provides:

- Attachment-based support for parents of severe behaviour or special needs children
- Attachment Disorder resources and training
- Workshops for professionals working with challenging children

Services Include:

- Individual and group sessions
- Workshops and retreats
- Telephone consultations, and more!

Forest Cottage Centre, Tanya Helton, M.Sc.

9412-112 Avenue, Fort St. John, BC V1J 2V9

Telephone contact: 250-261-6369 Toll-Free: 1-877-261-6361 Call today for a free 30 minute consultation!

Parent-to-Parent Support Group: 100 Mile House

For

Parents and Caregivers of children and youth with Complex Developmental Behavioural Conditions

CDBC includes individuals who have a diagnosis or are suspected of having:

Autism Spectrum Disorder (ASD), Fetal Alcohol Spectrum Disorder (FASD), and Complex Child and Youth)

The Parent-to-Parent Support Group is designed to provide:

- o Support for parents and caregivers who are faced with the challenges of caring for a child or youth with CDBC.
- v Opportunity for networking and sharing with other parents and caregivers.
- Ø Sharing of information and resources.

Meeting times: March 12th, 2007 from 10:30 am to 11:30 a.m.

And every second week at this time except holidays

At the Cariboo Family Enrichment Centre (Beside Home Hardware and across from Bridge Creek Centre)

Refreshments will be provided

If you are interested in this group, but cannot make the meeting, please **call 395-5155** so that we can accommodate you to the best of our ability.

CCRR: (Child Care Resource and Referral) Child Care Services

List of services providers may have access to:

Child care listed on computerized database for referrals
 Assistance with administrative issues i.e. contracts, policies, fees etc.
 Supportive home/facility visits
 Consultations with experienced staff
 Networking opportunities with other child care providers
 Workshops
 Newsletters
 Early Childhood Resource Library
 Low cost art and craft supplies, books & more *
 Drop-In groups for care providers, parents and families*
 Laminator, photocopier, fax, free internet access *
 Information about child care grants and subsidy programs
 Referrals to community and government organizations in the
 child care field



100 Mile House Child Care Resource and Referral Program

Serving:

100 Mile House, 108 Mile Ranch, 70 Mile House, Bridge Lake, Canim Lake, Forest Grove,
Lac La Hache, Lone Butte

100 Mile House Child Care Resource & Referral

486 South Birch Avenue, Box 2427

100 Mile House, BC V0K 2E0

Phone: (250) 395-5155

Fax: (250) 395-1811

Email: crr@cariboofamily.org



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Williams Lake Child Care Resource & Referral



PO Box 4094, 301-19 North First Avenue
Williams Lake V2G 2V2

Phone: 250 392-4118

Email: coordinator.wcs@telus.net

We link families and child care providers in the communities of 150 Mile House, Alexis Creek, Alkali Lake, Anaham Reserve, Anahim Lake, Bella Bella, Bella Coola, Big Lake, Canoe Creek, Dog Creek, Hagensborg, Horsefly, Klemtu, Likely, McLeese Lake, Miocene, Nemiah, Redstone, Soda Creek, Tatla Lake and Williams Lake by offering free consultation, support, and referral services to parents seeking child care.

- Child care providers are supported through information, outreach, resource library networking and learning opportunities.
- Parents are supported through parenting information, our resource library, parenting workshops, and general community referrals regarding children and families.
- We work with the community to strive for quality inclusive child care services that meet the needs of local families and promote the healthy development of children.



BC Foster Parent Education Program

The deadline for completion for people who have been fostering for more than two years was December 31, 2006. If you still need to complete the training or would like more information on how to complete the training, please call Jackie at: 1-866-843-3422.

Bits and Pieces

Words to Remember

When you face the sun, the shadows always fall behind you.

Helen Keller

All battles are first won or lost, in the mind.

Joan of Arch

There are always flowers for those who want to see them.

Henri Matisse

Good Food Box—Williams Lake

Starts: March 19, 2007 **Ends:** March 19, 2007

Deadline for buying your good food box is on Wednesday, March 14, 2007 by 12:00 pm. Tickets can be purchased at WCS, CMHA, CDC, POP & Recreation Complex.

Small: \$10.00 Large: \$15.00

Bridging Cultures Committee



The Bridging Cultures Committee was formed for the purpose of gathering and providing information between local Bands, Aboriginal communities, MCFD and Foster Parents. The intent is to expand knowledge and understanding between members of the community, bridging all cultures and people, in order to provide a positive connection for Aboriginal children with their heritage.

We strongly encourage Foster Parents to attend the local meetings at the Metis Society in order to provide information and ideas on how best to serve Aboriginal children in care.

Next Meeting: March 21st from 12:00—1:00 pm. The Metis society, 70-1st Ave., Williams Lake. (Please enter from the back door at the back of the building). Contact: Marlene or Anita 398-5327 for further information.

Letter From the Metis Society:

To All Our Relations

With this letter of introduction, it is our wish that you will become an active member of our committee for the benefit of all our children.

We have been given a mandate to help bring about change for our Aboriginal children in care. A committee of volunteers was formed to help fill this mandate. Our aim is to bridge the diverse concepts between all of our customs, values, lifestyles and expectations and share this information with MCFD, Aboriginal Bands, and all other members of our community. Thus we aptly named our committee, “Bridging Our Cultures”, to signify this intent.

One of the first things on the agenda is to hold a community gathering on June 21 at the Boitanio Park (if available). Our desire is to have information booths, games, bannock contest, and music. We would also like to have a representative from each organization and/or band repeat the following slogan in their own language, “**Children are the bridge to the future**”. This slogan represents a clear message of unity for all our children.

We can make decisions for our future and the future of our children. We do have the power to change our communities in a positive way. It is time now to come together to plan a future for our children that adds to the significance of who they are and who they want to be. If you want to become involved please come to the next meeting upstairs at the Metis office 70 S. 1st ave, entry is around back.(above Haines office world) Or call for more information 398-5327 ask for Marlene or Anita

Sincerely,

The Bridging Cultures Committee

Interior Community Services and AXIS : Role Definition



Interior Community Services The SUPPORT TO FAMILY CARE NETWORK....

A program designed to assist Foster Parents in creating support systems and successfully maintaining children in their care throughout the Williams Lake and 100 Mile House areas.

We provide:

- Support to community Foster Parent Groups as they build peer supports, identify goals and work on action plans to achieve their goals.
- Communication enhancement through Newsletters, Email, phone and website.
- Coordination of the 53 Hour Education Program for each community.
- Training such as Safe Babies, Non Violent Crisis Intervention training, First Aid and other relevant training as needed in the communities.
- Support during Protocol procedures.
- Assistance to Foster Parents in finding support during a Protocol.
- Information sessions and Pre Service training to new and/or prospective Foster Parents.
- Community connections and partnerships to meet the needs of Foster Parents.

To find out more, please contact: Jackie at: 296-9059 - or Toll Free at 1-866-843-3422

Or visit our Website at www.interiorcommunityservices.bc.ca email: jhaverty07@telus.net



AXIS Family Resources FAMILY BASED INTERVENTIONS.....

A program provided throughout the communities of Williams Lake and 100 Mile House to families identified by MCFD as experiencing crisis, and, in some cases, serious protection concerns. This program also provides intervention strategies for foster families to prevent placement breakdowns. We provide:

- A Family Outreach Counselor, who provides intensive in-home counseling for a period of four weeks.
- Targeted short term crisis counseling (may be intensive) through a team working in this program.
- Collaborative planning services, done in conjunction with MCFD on identified cases regarding children in long term foster care.
- A "Toolbox of Resources" to fund unique requests for services put in place to prevent placement breakdowns in families or foster homes.
- Services 24/7, 365 days/ year in this program, with after hours crises and on call support staff working with families.

Referrals can be made to the program through the FDR "door", i.e. family does not need to have an extensive file open with MCFD. All referrals come from MCFD to our Program Manager, **La'Wanda Tazelaar**, who works in our Williams Lake office.

For more information, please contact: Williams Lake 392-1000 100 Mile- 395-3145

www.axisfamilyresources.ca

info@axisfamilyresources.ca

INFORMATION PAGE



Support to Family Care Network
Network Facilitator:
Jackie Haverty
Contact: (250)296-9082
Toll Free: 1-866-843-3422

Foster Parent Important Numbers/Website:
After Hours Emergency Line:
1-800-663-9122
 (call to report critical incidents, AWOL, obtain approval for emergency medical care, etc.)
Provincial Foster Parent Support Line: 1-888-495-4440
 Hours: Monday to Friday
 4 p.m. - 12:45 a.m.
 Sat, Sun & Stat holidays
 8 a.m. - 12:45 a.m.
B.C.F.F.P.A. Provincial office: 1-800-663-9999
In Your Grasp - on-line resource finder
www.inyourgrasp.bc.ca
Federation of Aboriginal Foster Parents: 1-866-291-7091

NEED SOME RELIEF??

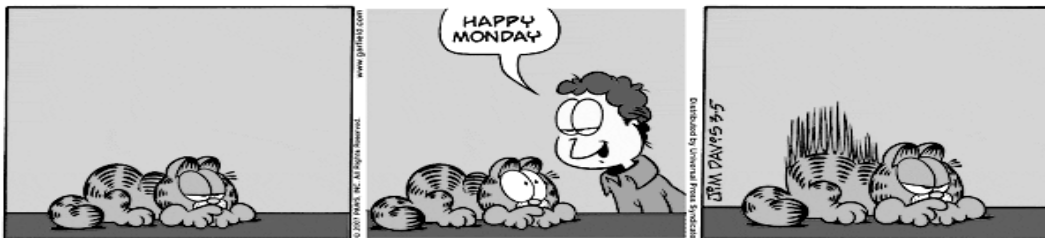
If you would be willing to do relief and would like your name added to a list, please contact Jackie at: 296-9082, W.L. or 1-866-843-3422, 100 Mile House. Those who have provided relief in the past are listed below. Please contact me if your information has changed.

WILLIAMS LAKE

Linda Jorgenson (Level 2) 296-4248
Bonnie McBride (Level 2) 398-2050
Leah Vergara (Level 2) 392-6535

100 MILE HOUSE

Jennifer & Eamon Raifteiri-McArdle (Level 2) 791-6509
Bernadette Paul (Regular) 395-1728
Prairie Greyeagle (Level 2) 593-0179



This Newsletter is brought to you by:

The Support to Family Care Network Facilitator: Jackie Haverty

Phone: (250)296-9082 Toll Free: 1-866-843-3422

In partnership with....Interior Community Services, Kamloops, BC