

## **NEW MENU STARTS DECEMBER 2021**

### **DINNERS AT HOME (FROZEN MEALS) – RIH**

**\$6.50 PER MEAL**

**EVERY TUESDAY AND THURSDAY (Same meals for both days)**

- A. Mexican Fiesta Bean & Rice Casserole served with Mexican Tomato Rice and Corn. (GF)
- B. Cabbage Casser-rolls with Mashed Potatoes, California Mixed Hearty Beef Vegetable Stew with Mashed Potatoes, Vegetables. (GF)
- C. Meat Loaf served with Mushroom Gravy, Mashed Potatoes, Cut Green Beans and Corn.
- D. Beef Stew & Squash with Mashed Potatoes.