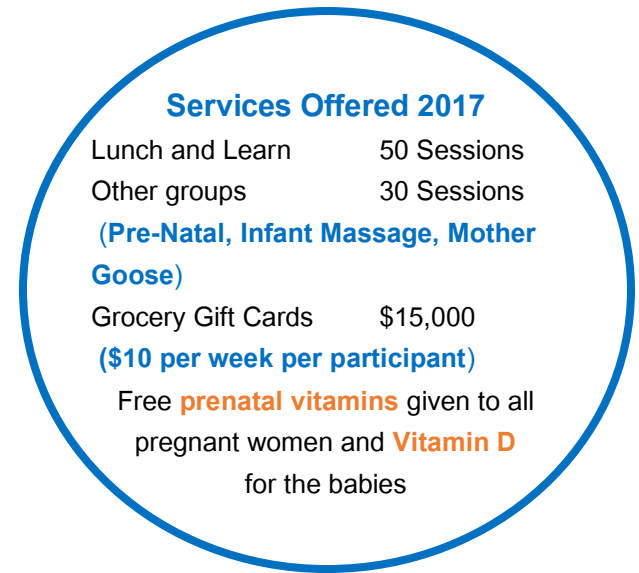
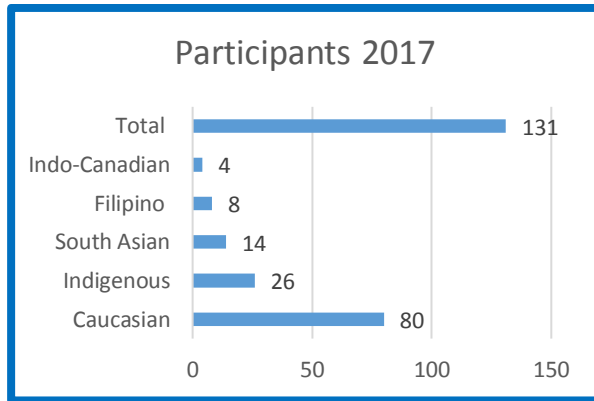


Baby's Head Start

A community resource that assists women to have the healthiest pregnancy and birth outcome



Breastfeeding

96% Initiate Breastfeeding
80% Continue at 3 months
60% Continued for 6 months or more

Baby Birth Weight

93% of births were within healthy birth weight
93% of participants carried to term

Community Partners

Interior Health, Family Tree Resource Centre, BC Farmers Market, CPNP

Participant Feedback

"Learning lunch was such a major part that contributed to my success as a mother" "I had no idea what I was doing when I first came here" "The staff showed me and my girls and myself so much love over the years" "Absolutely nothing could have been done differently, it has been such a life changing experience being here and learning over the years"

