

Early Years Family Navigation 2021

Supporting families with children aged 0-6 years to connect with programs and services in the community.

Average Monthly Numbers...

- 63 Individual Clients served
- 18 New Clients
- 4 Indigenous
- 14 hours groups
- Clients other Nationalities:
 - *African *Indo-Canadian *Japanese
 - *German *Indonesian *Korean *Phillipino



Community Collaboration

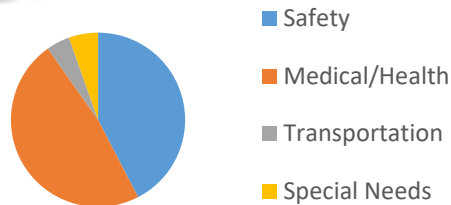
- CCRR/EY Center
- School District #73
- MCFD/CYSN
- Mt. Paul Community Food Center
- Interior Health
- Kamloops Immigrant Services
- Kamloops Aboriginal Friendship Center
- LMO
- Secwepemc Child & Family Services
- Children's Therapy & Family Resource Center
- Infant Development Center
- Elizabeth Fry Society
- City of Kamloops
- Kamloops Library - TNRD
- Season's Health Therapies/Work BC

Trends

- Increased need/support for:
- ✓ In-person & virtual groups
 - ✓ Post Partum Depression & Anxiety
 - ✓ Immigrant families
 - ✓ Violence in Relationships
 - ✓ Anxiety/Depression
 - ✓ Food Security
 - ✓ Housing
 - ✓ Child Care



Tool Box Funding 91 Families



New!! Post Partum Connections

A weekly peer-support group for women experiencing post partum anxiety and/or depression. Led by trained facilitators who provide education, support, and opportunities to connect with other women. Child care provided.

- 1 Virtual Group (Spring)
- In-Person group (Started October, on-going)

Other Groups Offered

- Infant Massage (1 virtual, 4 in-person sessions)
- Baby Time (49 weeks running)
- Virtual & In-Person Perinatal Yoga
- Roots of Empathy
- Prenatal In A Day (Virtual)