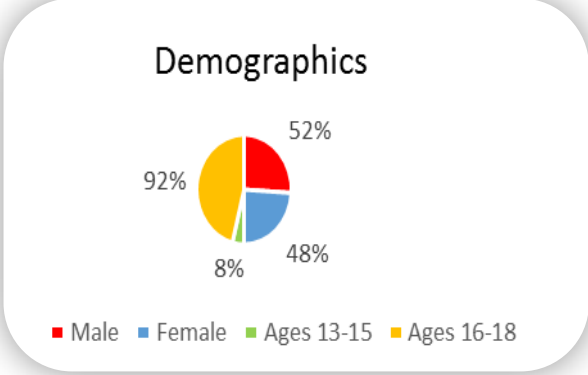




# 2018

## Youth Coaching



### 2018 Trends

- ⇒ There were more young men in the program than young women (52%) for the first time in 8 years.
- ⇒ Ages went up - in 2017 61% of the youth were between 16 and 18 while in 2018 this had increased to 92%
- ⇒ There was a 22% increase in youth identifying anxiety as a mental health issue in the family
- ⇒ Addictions reported all increased except smoking which had a slight decrease from last year

