

# Options & Opportunities

Group community inclusion for people of all abilities

## Community Connections/Partnerships

- ✓ TRU – ESTR Program
- ✓ Kamloops Farmer's Market
- ✓ Parent Child Mother Goose
- ✓ Sunshine Bowling League
- ✓ Desert Gardens Senior's Society
- ✓ Vista Seniors Day Program
- ✓ Community Companions
- ✓ Mt Paul Community Food Center
- ✓ Kamloops Arts Council
- ✓ Christmas Amalgamated

## Partnership Activities

For the love of acting – drama drop-in  
 Zoom Karaoke  
 Monthly air band/Zoom air band  
 Craft club  
 Variety Club  
 Games afternoons  
 Weekly pool tournament  
 Monthly celebrations/parties  
 Tea parties  
 Zoom Halloween/Christmas parties

## Art Drop-in

Weekly art experience open to all  
 (on hold since March due to COVID)

- New painting techniques
- Multi-medium projects
- Self-portraits
- Landscapes

## Bluebird Project

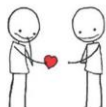
Partnership with TRU & Kamloops  
 Naturalist Club to  
 (on hold since March due to COVID)

- Create and maintain **16** nesting boxes
- Recording and reporting bird activity

## Pay it Forward

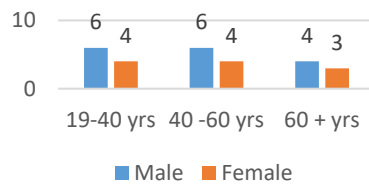
In 2020 Pay It Forward collected **\$1423** through bottle collection. This money was used to support Chili n Coats, community planting project, Christmas Amalgamated, adopt a family at Christmas and pregnant mothers at risk. PIF built new community connections.

Pay It Forward Gift



Pay it forward

## Demographics



## Goals

- 12 Health & well-being
- 14 Emotional well-being
- 21 Personal Development
- 11 Community Inclusion
- 1 Identity & Culture

## Goal Progress

- 5 Some progress
- 1 Significant progress
- 14 Goal achieved

## Staff Development

Staff completed a total of 131 modules, between 8 staff. Topics included: Autism, Dementia, Person Centered Planning, Boundaries, Documentation, Active Support, Diversity & Disability, Stress & It's Impact, Infection Control, Finding & Building Community and many other topics.