

MOW- MENU

as of May 2023

| TUESDAY | WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 |
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| CHOICE 1 | Beef Barley Soup Mac and Cheese Broccoli Tossed Salad/ Dressing Peaches White Roll/ Butter | Tomato Tortellini Soup Sliced Turkey/ Gravy Mashed Potato Winter Vegetable Tomato Wedges Fruit Cocktail White Roll/ Butter | Cr of Potato and Bacon Soup Baked Chicken /Gravy Savory Diced Potato Carrots Cucumber /Tomato Slices Apple Sauce White Roll/ Butter | Chicken noodle Soup Beef Riblet Mashed Potato/ Gravy Peas Macaroni Salad Crushed Pineapple White Roll/ Butter |
| CHOICE 2 | Clam Chowder Soup Roast Beef / Gravy Mashed Potato Diced Carrots Bean Salad Butterscotch Pudding White Roll/ Butter | Cr of Broccoli Soup Haddock /Lemon Dill Sauce Rice Peas Coleslaw/ Italian Dressing Apple Brown Betty White Roll/ Butter | Chicken Creole Gumbo Soup Beef and Squash Stew Mashed Potato Broccoli Pickled Beets Date Square White Roll/ Butter | Split Pea and Ham Soup Vegetable Lasagna Winter Vegetable Tossed Salad/ Dressing Strawberries White Roll/ Butter |
| THURSDAY | WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 |
| CHOICE 1 | Cr of Broccoli Soup Shepherds Pie/ gravy Green Beans Cucumber Slices Honey Dew Melon White Roll/ Butter | Split Pea Soup Beef and Macaroni Carrots Tossed Salad/ Dressing Strawberry turnover Cookie White Roll/ Butter | Cr of Asparagus Soup Meatballs /Gravy Mashed Potato Italian Vegetable Dill Pickles/Lettuce Vanilla Pudding White Roll/ Butter | Chicken Creole Gumbo Soup Cabbage Roll(2) Sunrise Vegetable Potato Salad Chocolate Pudding White Roll/ Butter |
| CHOICE 2 | Cr of Potato and Leek Soup Butter Chicken Rice Italian Vegetable Potato Salad Vanilla pudding White Roll/ Butter | White Borsht Soup Chicken Souvlaki Rice Sunrise Vegetable Cottage Cheese Mandarin Orange White Roll/ Butter | Beef Barley Soup Western Omelet Diced Potato California Vegetable Tomato Wedges Vanilla Caramel Cake White Roll/ Butter | Vegetable Chowder Soup Chicken Cacciatore Rice Turnip Baby Carrots Chocolate Chip Cookie White Roll/ Butter |